



Trauma through a child's eyes, Maggie Kline

2021, June 16-20, starting June 16 from 18.00 hrs

A 4-day workshop to teach professionals how to help children reorganise and rebalance the autonomic nervous system at the biological/survival level after being overwhelmed following a traumatic or stressful event(s). Maggie will teach participants how to use games, play activities and art integrated with the fundamentals and through the lens of Somatic Experiencing® to facilitate change, restore protective/defensive impulses and to increase the capacity for healthy social engagement.

Material is useful for professionals who wish to integrate the core concepts of SE when working with kids, as well, as those wishing to deepen their understanding of inner child work with adults. The format for learning will be a mixture of lecture, video material, and experiential activities.

Place: centre the Bron, Nijeholtpade

Organiser: Aumm Instituut, [mailto: info@aumm.nl](mailto:info@aumm.nl)

Price: € 560,- plus € 295,- for the centre: vegetarian food, lodging, 1 x sauna, end-cleaning.