



Essence: Inquiry of the soul

2 parts in English, with Vasumati:

2017: October 25-29

2018: October 10-14

Start 18.00 hrs

the pearl beyond price 1 and 2

As we deepen in our Essential journey we begin to see that we are not the personality or the Ego structure.

We are far more. the lataif lets us experience different qualities of essence but as we go deeper we begin to look at our identity and our sense of true individuality.

with this deeper looking we come to see that there is a central aspect to our structure and it is called in the work the Personal Essence or the Pearl beyond price. The Sufis call it the True Ego.

When we actualize the pearl we feel like finally we become a real person. we feel precious , full and complete. There is a sense of deep contentment and rest as if nothing is missing. WE have what we were looking for.

As we experience this a relaxation and joy arises. The pearl in our being lets us feel relaxed, trusting, resilient and contactful.

the issues of the pearl are complex and often are looked at in terms of object relations theory, in particular Margret Mahlers model of child development with particular reference to how we merge and then separate as a way of slowly developing an integrated individual self.

Our methodology is grounded in inquiry, meditation and a curiosity and passion for understanding our true nature.

WE will do carefully constructed exercises, groupsharings, meditation and dyads to help us go deeper into our essential experience.

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